



I WANT YOU TO LEARN A NEW HABIT. Try saying, “I trust You, Jesus,” in response to whatever happens to you. If there is time, think about who I AM in all My Power and Glory; ponder also the depth and breadth of My Love for you.

This simple practice will help you see Me in every situation, acknowledging My sovereign control over the universe. When you view events from this perspective—through the Light of My universal Presence—fear loses its grip on you. Adverse circumstances become growth opportunities when you affirm your trust in Me no matter what. You receive blessings gratefully, realizing they flow directly from My hand of grace. Your continual assertion of trusting Me will strengthen our relationship and keep you close to Me.

*I have seen you in the sanctuary and beheld your power
and your glory. —PSALM 63:2*

*See, the Sovereign LORD comes with power, and his arm
rules for him. See, his reward is with him, and his recom-
pense accompanies him. He tends his flock like a shep-
herd: he gathers the lambs in his arms and carries them
close to his heart; he gently leads those that have young.*

—ISAIAH 40:10–11

*Where can I go from your Spirit? Where can I flee from
your presence? If I go up to the heavens, you are there; if I
make my bed in the depths, you are there. If I rise on the
wings of the dawn, if I settle on the far side of the sea,
even there your hand will guide me, your right hand will
hold me fast. —PSALM 139:7–10*