

REFRESH YOURSELF in the Peace of My Presence. This Peace can be your portion at all times and in all circumstances. Learn to hide in the secret of My Presence, even as you carry out your duties in the world. I am both with you and within you. I go before you to open up the way, and I also walk alongside you. There could never be another companion as devoted as I am.

Because I am your constant Companion, there should be a lightness to your step that is observable to others. Do not be weighed down with problems and unresolved issues, for I am your burdenbearer. In the world you have trials and distress, but don't let them get you down. I have conquered the world and deprived it of power to harm you. In Me you may have confident Peace.

How great is Your goodness, which You have stored up for those who fear You, which You have wrought for those who take refuge in You, before the sons of men! You hide them in the secret place of Your presence from the conspiracies of man; You keep them secretly in a shelter from the strife of tongues.—PSALM 31:19–20 NASB

"I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]" —JOHN 16:33 AMP